

Talk to all of your cancer doctors and your plastic surgeon about the best options for your unique situation. A plastic surgeon who's experienced in the options you're considering may offer you the most complete review of all your choices. Since plastic surgeons tend to specialize in different reconstructive techniques, you may need to talk to more than one surgeon to get the full picture.

Deciding whether to have a breast reconstructed after surgery to remove breast cancer is a very personal choice. If you've been diagnosed with breast cancer and are planning your surgery, you may decide not to have reconstruction, but it can be helpful to consider all your options.

It's important to talk to all of your cancer doctors and your plastic surgeon about the best options for your unique situation. Talking to a plastic surgeon who is experienced in the options you're considering may give you the most complete review of all your choices. When you have all the information, you can make a decision that is right for you and your personal preferences.

Talking to other women who have had breast reconstruction can give you more personal opinions about your options. There's nothing like hearing from other women who've had it done -- and they may even be willing to share photos.

Butler, Paris D. et al. Influence of race, insurance status, and geographic access to plastic surgeons on immediate breast reconstruction rates.

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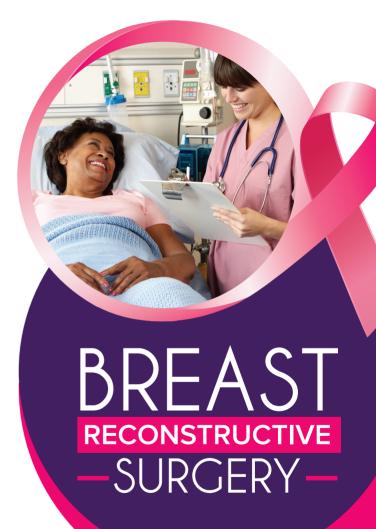
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